## **CLINICAL ARTICLE**

## Preimplantation genetic diagnosis of X-linked adrenoleukodystrophy with gender determination using multiple displacement amplification

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**Objective:** To evaluate the use of multiple displacement amplification (MDA) for whole genome amplification in the preimplantation genetic diagnosis (PGD) of X-linked adrenoleukodystrophy. Design: MDA was used to amplify the whole genome directly from a single blastomere. MDA products were used

for polymerase chain reaction (PCR) analysis of two polymorphic markers flanking the ABCD1 gene and a new X/Y marker, X22, to sex embryos in an X-linked adrenoleukodystrophy PGD program.

**Setting:** Fertility and gynecology private center in Alicante, Spain.

**Patient(s):** A couple in which the wife is a carrier of the ABCD1 gene mutation  $(676A \rightarrow C)$  that was previously identified in her family.

Intervention(s): MDA of single blastomere and PCR tests for PGD.

Main Outcome Measure(s): The ability to analyze single blastomeres for X-linked adrenoleukodystrophy using MDA.

**Result(s):** The development of an MDA-PGD protocol for X-linked adrenoleukodystrophy allowed for the diagnosis of five embryos. These were biopsied on day 3 of culture and analyzed. One embryo was an affected male and one embryo was a female carrier. Three healthy female embryos were transferred 48 hours after biopsy. Unfortunately, no pregnancy was achieved.

Conclusion(s): The MDA technique is useful for overcoming the problem of insufficient genomic DNA in PGD and allows the simultaneous amplification of different targets to perform a diagnosis of any known gene defect and a sexing test by standard methods and conditions. (Fertil Steril® 2007; ■ : ■ - ■. ©2007 by American Society for Reproductive Medicine.)

Key Words: MDA, multiple displacement amplification, PGD, preimplantation genetic diagnosis, ALD, X-linked adrenoleukodystrophy

Couples with genetic disorders including single-gene defects, sex-linked conditions, or chromosome rearrangements face a reproductive risk. Preimplantation genetic diagnosis (PGD) is a diagnostic tool to avoid inheritance of genetic dis-ease by transferring unaffected IVF embryos and represents an alternative to prenatal diagnosis (1).

PGD first consisted of the selection of female embryos for patients at risk of transmitting X-linked recessive diseases (2), and usually female embryos are transferred. Fifty percent of those female embryos are carriers, who later in life will [Q1] have a 50% chance of transmitting their defective X-chromo-some to the next generation. Fifty percent of the discarded male embryos are unaffected, which represents not only an 

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ethical problem but diminishes the pool of embryos suitable for transfer.

Advances in molecular biology allow the development of specific diagnosis in a single cell for gene defects. Indeed, the fifth report of the European Society for Human Reproduction and Embryology (ESHRE) PGD Consortium (3) lists over 40 monogenic diseases for which PGD has been applied. Furthermore, for families with an identified X-linked recessive disease-causing mutation, nonspecific diagnosis by sex identification can be considered a substandard method (4), and it might be considered as a monogenic disease performing specific molecular diagnosis. [Q2]

Despite the significant advantages provided by PGD, the setting up and testing of molecular diagnoses on a single cell is work intensive, difficult, expensive, and time-con-suming. Labor-intensive development and validation of highly sensitive amplification strategies for single-cell

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113 diagnosis are required, usually using nested polymerase 114 chain reaction (PCR), whole genome amplification 115 (WGA), or fluorescent PCR methods. The main disadvan-116 tage of nested and fluorescent PCR is the difficulty in 117 choosing primers for multiplex PCR (5). On the other 118 hand, the main disadvantages of WGA are the generation 119 of nonspecific amplification artifacts, incomplete coverage 120 of loci, inefficiency of microsatellite amplification, and the 121 generation of DNA less than 1 kb long (6). For those rea-122 sons, PGD requires a technique that would be able to am-123 plify the single-cell DNA with a high fidelity that suits the 124 diagnosis of any known single-gene disorder by the stan-125 dard PCR technique.

126 Multiple displacement amplification (MDA) is an isother-127 mal WGA technique based on the used of  $\phi$ 29 DNA poly-128 merase and random primers. The  $\phi$ 29 polymerase combines 129 high processivity with a strand displacement ability leading [Q3] to the synthesis of DNA fragments >10 kb and favoring 130 uniform representation of sequences (7). MDA is a tech-131 nique that is used in the amplification of very low DNA 132 quantities in clinical samples (6). Sequence representation 133 in the amplified DNA assessed by multiple single-nucleo-134 tide polymorphism analysis is equivalent to genomic 135 DNA, and amplification is superior to PCR-based methods 136 (8). 137

138 Adrenoleukodystrophy (ALD) is an X-linked recessive 139 disorder that is secondary to a mutation in the ABCD1 140 gene (in the terminal segment of the long arm of the X, i.e., 141 Xq28) and results in peroxisomal beta oxidation defect and 142 the accumulation of the saturated very long chain fatty acids 143 in all tissues of the body. The manifestations of the disorder 144 occur primarily in the adrenal cortex, the myelin of the cen-145 tral nervous system, and the Leydig cells of the testes. The 146 choice method for X-linked ALD PGD is sexing. The advan-147 tage of relying on sexing only comes from its nonspecificity 148 and suitability for all couples at risk for X-linked conditions. 149 Indirect diagnosis without gender determination has been 150 used (4), but to avoid misdiagnosis due to the fact that poly-151 morphic markers segregate with sexual chromosomes and 152 allele dropout (ADO), a gender determination could be 153 included. 154

We describe for the first time haplotype and gender deter-155 mination using MDA for PGD of X-linked ALD that en-156 ables the selection of both male and female unaffected 157 embryos. This approach offers an alternative to sexing, 158 which is frequently used for X-linked disorders and which 159 results in the discarding of all male embryos, including 160 the 50% that would have been normal, thus increasing the 161 chance of pregnancy and avoiding the loss of healthy 162 male embryos. 163

164 The aim of this work was to increase the reliability of PGD 165 for X-linked ALD and to improve our ability to respond in 166 a fast and safe way because of the ability to obtain enough 167 quality DNA by MDA from a single cell for multiple PCR 168 analyses.

#### MATERIALS AND METHODS Lysis of Single Cells

Lymphocytes from a female heterozygous for the DXS1073, DXS9901, and X22 loci were separated from blood by centrifugation over Ficoll, washed, and resuspended in PBS. Single cells were collected and transferred to 0.2-mL PCR tubes containing 0.5  $\mu$ L of alkaline lysis buffer. The samples were kept at -80°C at least 30 minutes. Cells were lysed by incubation at 65°C for 10 minutes (9). Lysis was then stopped by adding 0.5  $\mu$ L of neutralization buffer (9).

MDA Protocol

Cells lysates were used directly for MDA. WGA by isother-184 mal MDA was achieved using bacteriophage  $\phi$ 29 DNA poly-185 merase, exonuclease-resistant phosphorothioate-modified 186 random hexamer oligonucleotide primers, and reaction 187 buffer according to the manufacturer's instructions (Amer-188 sham Biosciences, UK) in a 20-µL reaction at 30°C (16 [Q4]189 hours). The reaction was terminated by incubation at 65°C 190 for 10 minutes to inactivate the enzyme and the amplified 191 DNA stored at  $-20^{\circ}$ C. 192

#### PCR Analysis

197 To use linkage analysis in the PGD of X-linked ALD, two ex-198 tragenic polymorphic markers (DXS1073 and DXS9901), 199 which flank the ABCD1 gene, were amplified using 1  $\mu$ L 200 of MDA products. The primers used were described by Giga-201 rel et al. (4), and the forward primers were labeled at 5' with 202 6-FAM. PCR for the markers was carried out using the Ta-203 KaRa LA Taq kit (Takara Bio, Shiga, Japan). A reaction mix in a total volume of 25  $\mu$ L containing 100 pmol of 204 each primer, 200 mM dNTPs,  $1 \times$  buffer was provided by 205 206 the manufacturer, and 1 U of DNA polymerase was provided by the TaKaRa LA Taq kit. PCR was performed as follows: 5 207 208 minutes at 95°C, 35 cycles of 45 seconds at 95°C, 45 seconds 209 at 55°C, and 45 seconds at 72°C followed by 5 minutes' ex-210 tension at 72°C. Two microliters of the PCR product was 211 mixed with 2  $\mu$ L of loading buffer denatured by boiling for 5 minutes and loaded on the ABI PRISM 3100 Sequencer. 212 The results were processed using the GeneScan Analysis 213 [**Q5**]<sup>214</sup> software. 215

Sexing of human DNA by PCR-based methodology can be 216 accomplished by amplifying X-Y homologous genes. To as-217 sess the sex status of embryos, a new X/Y chromosome 218 marker, X22 (10), was detected by fluorescent PCR. The for-219 ward primer (5'-TAATGAGAGTTGGAAAGAAA-3') was 220 5' labeled with 6-FAM, while the reverse primer (5'-221 CCCATTGTTGCTACTTGAGA-3') was unlabeled. PCR 222 amplification was performed for 25 cycles at the following 223 temperatures: 95°C for 45 seconds, 55°C for 45 seconds, 224 and 72°C for 1 minute. The amplification products were sized 225 using an ABI 3100 DNA sequencer and Genescan software.

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#### 226 Patient Description and Informativity Test

227 The 29-year-old wife carried a causative mutation 676  $A \rightarrow C$ 228 in the ABCD1 gene that causes X-linked ALD. Her husband 229 was 33 years old, and he did not present any type of clinical 230 alteration of interest. The affected wife was heterozygous at 231 the DXS1073 and DXS9901 loci. She showed an allele of 232 126 bp and an allele of 128 bp for DXS1073. Moreover, 233 she carried two alleles of 141 bp and 136 bp for the 234 DXSS9901 locus. The 126-bp and 141-bp alleles cosegregate 235 with X-linked ALD in this family. The husband carried a 126-236 bp allele for the DXS1073 locus and a 136-bp allele for the 237 DXS9901 locus. To identify the sex chromosomes, an X22 238 informativity test was performed. The wife was homozygous 239 for the X/Y marker and carried two 223-bp alleles for this lo-240 cus. The husband carried two alleles of 200 bp and 219 bp. 241 We could identify the Y-chromosome from the husband by 242 the 200-bp allele. This study had the approval of the Instituto 243 Bernabeu Review Board. 244

## Stimulation Protocol and Intrascytoplasmic Sperm Injection Procedure

In the previous cycle oral contraceptives were given. A long 248 protocol was used including leuprolide acetate agonist (Go-249 250 napeptyl Depot; Ferring, Madrid, Spain) in the previously midluteal phase. After pituitary desensitization was obtained, 251 a combined protocol, using human FSH (Gonal F; Serono, 252 London, UK) and hMG (HMG-Lepori; Farma-Lepori, Barce-253 lona, Spain), was given. Ovarian response was monitored by 254 255 transvaginal ultrasound and plasmatic E<sub>2</sub> levels. Ovulation was induced with 250  $\mu$ g of recombinant hCG (Ovitrelle; Se-256 rono, London, UK). Oocytes were aspirated 36 hours after 257 258 hCG administration by a transvaginal ultrasound-guided needle aspiration under sedation. Surrounding oocyte cumulus 259 260 and corona radiata cells were removed by a brief exposure to 80 IU/mL of hyaluronidase (Hyase; Vitrolife, Göteborg, 261 Sweden) followed by gentle pipetting. Intracytoplasmic 262 sperm injection (ICSI) was carried out 4 hours after oocyte 263 retrieval on a heated stage (Tokai Hit Thermoplate, Model 264 265 MATS-U505R30, Japan) at 37°C, which was mounted on an inverted microscope (Nikon Eclipse TE200, Japan) equip-266 ped with Hoffmann modulation optics and a Narishige (Nar-267 ishige, Japan) micromanipulation system. Microinjection **[06]** was performed according to Van Steirteghem et al. (11). 268 Only metaphase II oocytes were injected and then incubated 269 individually in 30-µL droplets of G1.3 medium (Vitrolife 270 AB, Kungsbacka, Sweden) covered with sterile equilibrated 271 mineral oil (Ovoil; Vitrolife, Göteborg, Sweden) at 37°C in 272 an atmosphere of 6% CO<sub>2</sub>. Fertilization was assessed 16-18 273 hours after ICSI. Further development was evaluated on the 274 275 morning of day 2 and again at day 3, when embryos were evaluated before biopsy. 276

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## Blastomere Biopsy of Cleavage Embryos

Five 6- to 8-cell embryos were biopsied on the morning of
day 3. A noncontact, 200-mW diode laser system (Saturn,
Research Instruments, Cornwall, UK) coupled to an inverted

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microscope was used to deliver 2–4 laser pulses of 4.900 ms to the zona pellucida, creating a funnel-shaped hole. One clearly nucleated blastomere was then gently aspirated through the hole.

#### Lysis and PCR Analysis of Embryos

Single blastomeres were collected and transferred to 0.2-mL PCR tubes containing 0.5  $\mu$ L of alkaline lysis buffer. Lysis of the single blastomere, MDA amplification, and PCR analysis were performed as described for single lymphocytes.

## RESULTS

#### Single Lymphoblasts Test

MDA was successful in 10/10 single lymphocytes. The quality and quantity of the amplified DNA match with previous studies (12). A total of 30 PCR analyses for each polymorphic marker were performed. The amplification efficiency obtained during the preclinical test on single lymphoblasts was 100% (90/90) for all markers. The ADO rate was 6.7% (2/30) for DXS1073 marker, and no ADO was detected in the amplification of the X22 and DXS9901 alleles. They all fall within the limits set in the ESHRE PGD Consortium's guide-lines (13): amplification efficiencies are >90% and ADO rates are <10%. None of the blanks showed contamination.

#### **Clinical X-Linked ALD PGD Program**

To be able to perform the PGD linkage analysis for X-linked ALD, the couple had to be informative, that is, the healthy X-chromosome of the female partner had to have been identified using at least one marker (DXS1073 and DXS9901) and the X22 had to identify the Y-chromosome from the male partner to sex the embryos. Segregation studies of the family were performed and showed that the markers DXS1073, DXS990, and X22 were informative (Fig. 1).

Twenty-two cumulus-oocyte complexes were retrieved, and 16 metaphase II oocytes were injected, of which 11 showed fertilization. On the morning of day 3, five of the 11 embryos had developed normally and could be biopsied.

The PCR reactions for the diagnosis of five biopsed embryos were performed in triplicate. The results obtained were consistent in the three PCR reactions. Table 1 shows the allele sizes amplified from the five embryos. The amplification efficiencies for DXS1073, DXS9901, and X22 were 12/15, 15/15, and 15/15, respectively. In addition, only ADO in DXS1073 was reported. Figure 2 shows the electropherograms obtained from the clinical PGD for X-linked ALD in a single blastomere. Three embryos were determined to carry the nonaffected female haplotype, one embryo was shown to be an affected male, and one was a female. The three healthy embryos were transferred. Unfortunately no pregnancy was achieved.

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#### FIGURE 1

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Pedigree of family. The markers DXS1073, DXS9901, and X22 were informative. The arrow indicates the proband of the family. The haplotype segregating with X-linked ALD is marked with a box.



#### DISCUSSION

For recessive X-linked disease, sexing is the method of choice. Unfortunately, this approach has several disadvantages: First, we must bear in mind that from a theoretical 372 point of view, half of the male embryos could be healthy 373 and will not be placed, which means not only a decreased 374 pregnancy rate but raises an ethical matter of concern. Sec-375 ond, the replacement of carrier female embryos cannot be 376 avoided, thus the transmission to the offspring of the disease 377 is not definitely stopped. This, together with the advances in 378 molecular biology, has led to the fact that, if the mutation in 379 a given family is known or can be analysed through linked 380

markers, the couples who wish to undergo PGD will rather decide on a specific DNA diagnosis rather than a simple sexing (14). Accordingly, it becomes a monogenic disease with a gender determination requirement because we must discern between a resulting male with only one X-chromosome and an ADO female.

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For monogenic disease diagnosis in embryos, single-cell PCR was the first technique developed for the analysis of DNA from single cells, and it is a demanding labor-intensive technique. Working up new diagnoses for PGD is very timeconsuming because primers have to be designed to amplify the mutation and/or linked markers at the same multiplex reaction. PCR conditions have to be optimized for that and to reduce the risk of ADO and amplification failure.

Isothermal rolling circle amplification with random hexamer primers and  $\phi$ 29 polymerase was first described for circular DNA (15). Surprisingly, these reagents will also readily amplify linear, human genomic DNA in a cascading, strand displacement reaction that is termed MDA (16). This new tool has the potential to significantly expand the role of PGD in the diagnosis of single-gene disorders.

Until now, MDA has been used for the diagnosis of only four monogenic diseases (12, 17, 18), where the amplification rate of the different markers ranged from 85% to 95% with an ADO rate between 10% and 34%. According to ESHRE guidelines, optimization of the MDA protocol as we described in our previous work (12) produces better amplification and ADO rates that fall within the limits, and it becomes a protocol useful for clinical PGD. We describe the first MDA-PGD for X-linked ALD with gender determination. MDA produces enough DNA from a single cell to allow for multiple PCR analyses. Moreover, MDA as an initial step in PGD may be applied to multiple genetic analyses using standard procedures to diagnose a wide spectrum of singlegene defects. Moreover, using comparative genome hybridization, single-cell molecular karyotyping is now possible (19).

We have described an efficient and reliable method for the diagnosis of X-linked ALD with gender determination at the

Allele sizes amplified from the five biopsed embryos.				
Embryo no.	DXS1073	DXS9901	X22	Diagnosis
1	128–126	136–136	223–219	Normal female
2	128	136–136	223-219	Normal female
3	126–126	136–141	223-219	Carrier female
4	_	141	223-200	Affected male
5	128–126	136–136	223–219	Normal female
Amplification efficiency	12/15	15/15	15/15	
ADO	Yes	No	No	



single-cell level using standard PCR procedures. The availability of enough DNA, thanks to the MDA reaction, allows
for the creation of replicates from one blastomere. Furthermore, a different target amplification could be performed,
which would result in a very accurate diagnosis. Moreover,

a gender determination could be achieved that included only an X/Y-specific marker. MDA would become a universal first step in PGD.

The amplification efficiency and accuracy in blastomeres seems to be similar to that in lymphocytes. We detected

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FIGURE 2 CONTINUED

![](_page_5_Figure_2.jpeg)

one amplification failure in one case performed in PGD for
X-linked ALD. The use of two markers and a gender determination allowed us to diagnosis the embryo and explain that
the possible cause would be a failure in the PCR, as amplification was detected from the same blastomere for more
markers. The prevention of MDA was not the cause of the
nonamplification.

According to ESHRE guidelines, the ADO rate should be determined in a preclinical test at the single-cell level and should be as low as possible (preferably <10%). Therefore, assessment of ADO is critical to evaluate any new technique for PGD and has important implications. Usually, for PCR, gender determination with a single-cell protocol includes the amelogenin gene as a sex marker. In humans, the amelo-genin gene is present on both the X- and the Y-chromosomes. However, there are size differences in this gene between these chromosomes, which have also been used for sexing in foren-sic casework and prenatal diagnosis. In PGD amelogenin sex-ing dropout of the Y signal could lead to the transfer of a male embryo with an X-linked disorder or an XO karyotype that could lead not only to a baby with Turner's syndrome, but also, as sexing is done for X-linked disease, to a girl with the genetic disease (14).

We used a new X/Y marker, X22, to avoid the misdiagnosis caused by ADO. Since X22 is a pentanucleotide (AAATA) present on both the X-and Y-chromosomes in the pseudoau-tosomal region PAR2 and highly polymorphic (12 alleles), samples for heterozygous partners were expected to show two peaks, presumably different in length from each other. Moreover, X22 has a high diagnostic value for the detection of gonosome aneuplodies (20). The low rate of ADO reported **Q7** using MDA, mainly in X22 amplification, and the use of this new highly polymorphic X22 marker might overcome the

problem of testing the sex status of embryos. And it could be a better approach for sexing embryos because the absence of a Y-specific product of amelogenin could cause ADO to occur.

In conclusion, MDA could produce enough DNA from a single cell for multiple STR analyses, including an X/Y [09] marker of gender and gonosome aneuploidy determination, which would avoid the multiplex optimization protocol for the detection of markers. MDA could be used clinically in PGD with standard protocols because very high amplification and low ADO rates are provided. The method we report for the diagnosis of X-linked ALD should be applicable to most patients carrying ALD as long as they are informative for the markers. 

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